



**ISC 15U-16U Commitment Expectations
Practice and Game Attendance Rules for 2022-2023 Season**

ISC COMMITMENT REQUIREMENTS 15U-16U PLAYERS

Summary of requirements:

- Tournament Game Attendance Requirements
- League Game Attendance Requirements
- Practice Attendance Requirements

**Summary of Tournament Attendance for all ISC 15U-16U
Advanced Year- Round Players:**

- Fall 2022 Season - Must attend 2 Full tournaments
- Winter -Must make every effort to attend the ISC Indoor Bubble Blowout Event
- 15U Players that are 8th graders -Spring/Summer 2023 Season-Must attend 2 Full Tournaments
- For all high school 15U-16U players-it is recommended that you play in 1 summer tournament.

FREQUENTLY ASKED QUESTIONS REGARDING TOURNAMENTS:

What happens if a player does not meet the tournament commitment requirement for the Fall 2022 season?

If your ISC soccer player does not attend two full tournaments in the Fall 2022 season, they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group.

What happens if a player does not meet the tournament commitment requirement for the Spring 2023 season? (Only applies to the 15U players that are 8th graders.)

If your ISC soccer player does not attend two full tournaments in the Spring 2023 season, they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group during the following seasonal year.

What happens if a player is unable to meet the tournament commitment in both the fall and spring season during the same seasonal year? (This only applies to 15U players that are 8th graders.)

If a player does not meet the expectations for tournaments in both the fall and spring season of the same year, the player would not be offered a roster position with the ISC for the following year.

Summary for League Game Requirements for All ISC 15U-16U Year- Round Players:

- Fall 2022 Season - Must attend 55% of all Fall League Games.
- Winter – All Advanced Year- Round Players must register for 1 of the 2 sessions of the ISC Indoor leagues. Session options are the November-December option or the January-March option. The leagues are set up so that for each session the kids play 8-10 indoor games. All indoor games are played in the HTRC in Iowa City and games are usually held on Friday, Saturday, and Sundays. Players must attend 55% of all indoor league games.
- 15U players that are 8th Graders-Spring/Summer -Must attend 55% all Spring League Games.

(Please note that if an outdoor game is rained out and you committed your child to playing in that game, that commitment is counted toward your 55% requirement.)

FREQUENTLY ASKED QUESTIONS:**What happens if a player does not meet the league game commitment requirement for the Fall 2022 season?**

If your ISC soccer player does not attend at least 55% of the league games for their assigned team during the Fall 2022 season, they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group.

What happens if a player does not meet the league game commitment requirement for the Spring 2023 season? (This only applies to 15U players that are 8th graders.)

If your child does not attend at least 55% of the league games for their assigned team during the Spring 2023 season, they would not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group during the following seasonal year.

What happens if a player is unable to meet the league game commitment in both the fall and spring season during the same seasonal year? (This only applies to 15U players that are 8th graders.)

If a player does not meet the expectations for league attendance in both the fall and spring season of the same year, the player would not be offered a roster position with the ISC for the following year.

Practice Requirements for the 2022-2023 Season:

All Rules Below apply to both our “A” and “B” players on each roster.

Practices for all 15U-16U teams will start at the beginning of August on August 1, 2022, but practice attendance rules will not take effect until the week of August 22, 2022.

Please note that during the practice periods listed below, there are 3 weeks that practices will not be required. Those weeks are the week of Thanksgiving break and during the two weeks of winter break. All teams at this age are offered 80 practices in the soccer year.

SUMMARY OF PRACTICE REQUIREMENTS

- August 22, 2022-December 2, 2022 : 2 Times Per week required
- December 5, 2022-March 10, 2023: 1 time Per week required

For the 15U players that are 8th graders, they will also have spring practice requirements:

- April 10, 2023-May 26, 2023: 2 Times Per week Required

Practices may be offered in June and July but there are no practice requirements during June and July.

Frequently Asked Questions for Practice Attendance?

- What happens if the 15U-16U player does not meet their weekly practice obligations?

In order to be eligible to play in games, the 15U-16U player must attend their required practices per week. If they are not able to participate fully in the required practices during a given week, the player will not be allowed to play in any game scheduled on the weekend.

- What happens if the player does not meet practice requirements due to illness or injury?

If a player is sick or injured and that prevents the player from meeting their weekly practice obligation, they are ineligible to play in the games for the entire weekend. The exception to this rule is if the head coach of the team makes the

decision to sit out a player the week prior to state cup, regionals, or a college search tournament to give the player more rest for these events.

- Can the 15U-16U player attend other ISC team practices or optional practices such as “super skills” to meet their weekly practice obligations?

Yes. The ISC needs to provide flexibility for our athletes to give them opportunities to participate in the other activities that are important to them. Therefore, we allow 15U-16U players to attend other team practices or other optional practices such as “super skills” to meet their practice obligations. Players can attend a team practice that is 1 age group older to meet their practice obligation. In some circumstances, a player could attend practices with a younger team. With this said, 15U-16U players should put a priority on team practices as often as possible and players must communicate effectively with their team coach.

- Does the 15U-16U player need to meet their weekly practice obligations even during weeks when there are no scheduled games on the weekend?

Yes. If players do not meet their practice obligation during the week preceding a weekend without a game, they will not be eligible to play in the games for the following weekend.

The only exception to this rule would be in the case of the 9th grade 15U players that are also playing high school soccer and playing club games on the weekends with their 8th grade 15U teammates. The 9th grade 15U kids are practicing with their high school so they are allowed to play 15U games in the spring with the team without making ISC practices. Most 9th graders do not have the time to play both high school and club at the same time and some high school athletic directors don't allow it, but in the case that some kids want to do both, they would not need to make our practice requirement.

- Does the practice rule apply during weeks when kids play in the ISC Indoor leagues?

Yes. If players do not participate fully and meet their weekly practice obligations during the indoor season, they are not eligible to play in our indoor league games.

- What happens if a practice is rained out or cancelled?

If the practice is cancelled, all players on the team can count that practice as if they attended. However, if the practice is moved indoors at a time reasonably close to the normal scheduled time for the practice, the practice is not considered cancelled. This means that players are responsible to check the practice updates and always have indoor and outdoor shoes available.

- How is the practice rule enforced?

Players are expected to self-report to the head coach via email and they must also copy the Director of Coaching on the email to notify the coaches that the weekly practice obligation was not met. If a player does not self report to both their head coach and the Director of coaching via-mail by 10:00 pm on the Thursday night prior to the weekend games, the player will be suspended from all matches for 2 weeks. If this happens a 3rd time during the same soccer year from August 1-July 31, the player will be removed from the ISC roster.

- What happens if a player misses multiple weeks due to injury?

Players that miss multiple weeks due to injury will NOT need to make up missed practices. The player that is returning from an injury must meet their practice obligations during the week preceding the match that they want to play in, but they will not need to make up missed practices from previous weeks. It is not in the best long-term health interest of an athlete that was injured to try and make up missed practices.

- Does the club offer make ups as an option during the next week after a player missed a practice? In other words, can a player request to do 3 practices the next week to make up for 1 missed practice during a given week?

NO. For those players that do not have an injury and miss a practice during a week preceding a weekend without games, we do not allow for a provision for players to make up those practices in the following week in order to be eligible to play in matches.

2022-2023 Season

Listed Below is the proposed tournament schedule for the fall, winter, and spring/summer season for our ISC 15U-16U boys' and girls' teams for the 2022-2023 Season.

Fall Tournaments for Boys and Girls "A" Teams

- September 3-5, 2022 -Scott Gallagher Friendlies (St. Louis, MO) (Labor Day Weekend)
- Sporting Iowa Fall Cup-Des Moines-September 10-11, 2022
- September 17-18, 2022: FC United Midwest Classic (Cedar Rapids at Tuma Complex)
- State Cup- Two Weekends -Not Announced yet at this time. Usually held in late October or early November. The "A" team will play in the Super Cup Division of the state cup. Therefore, games will likely be set-up in a single elimination format.
- November 18-20, 2022-SHOWCASE KC-Kansas City

Fall Tournaments for Boys and Girls "B" Teams

- August 20-21, 2022 - Tournament at TBK Complex-Bettendorf, Iowa
- September 17-18, 2022: FC United Midwest Classic (Cedar Rapids at Tuma Complex)
- State Cup- Two Weekends Not Announced yet at this time. Usually held in late October or early November. The "B" team will play in the Premier Division of the State Cup. Therefore, they will have 3 guaranteed games.
- November 18-20, 2022-SHOWCASE KC-Kansas City-If the "B" team is not a full team, players from the "B" team will be given the opportunity to be selected to the roster with the "A" team for this event. However, if we have a full roster on the "B" team, and we have enough players on the "B" team commit to this event, we will take the "B" team to this tournament.

Winter Tournaments-For Boys and Girls "A" and "B" ("A" and "B" players mixed for winter events.)

- ISC Bubble Blowout- Mid January-2023 -Iowa City, Iowa. Tournament Held in HTRC.

Spring/Summer Tournaments 15U Boys -8th Graders and 15U Girls-8th Graders

- Mid to late April-CRSA CHILLOUT- Hiawatha, Iowa-North of Cedar Rapids-At Tuma Soccer Complex
- Kansas City Mother's Day Classic

Spring/Summer Tournaments Boys and Girls "A" Teams

- TBD

Spring/Summer Tournaments Boys and Girls "B" Teams

- TBD