



**ISC 15U-16U Commitment Expectations
Practice and Game Attendance Rules for 2023-2024 Season**

ISC COMMITMENT REQUIREMENTS 15U-16U PLAYERS

Summary of requirements:

- Tournament Game Attendance Requirements
- League Game Attendance Requirements
- Practice Attendance Requirements

**Summary of Tournament Attendance for all ISC 15U-16U
Advanced Year- Round Players:**

- Fall 2023 Season - Must attend 2 Full tournaments.
- Winter -Must make every effort to attend the ISC Indoor Bubble Blowout Event
- 15U Players that are 8th graders -Spring/Summer 2024 Season-Must attend 2 Full Tournaments in the spring season.
- For all high school 15U-16U players-it is recommended that you play in 1 summer tournament.

FREQUENTLY ASKED QUESTIONS REGARDING TOURNAMENTS:

What happens if a player does not meet the tournament commitment requirement for the Fall 2023 season?

If your ISC soccer player does not attend two full tournaments in the Fall 2023 season, they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group. In addition, if a player does not attend two full tournaments in the Fall 2023 season, that player may not be guaranteed their roster position with the Advanced Year-Round program when the tryouts are held for the next soccer year. The ISC Director of Coaching will determine whether the roster position will be offered based on the information provided by the player and their family in regard to why the particular player did not meet the requirement.

What happens if a player does not meet the tournament commitment requirement for the Spring 2024 season? (Only applies to the 15U players that are 8th graders.)

If your ISC soccer player does not attend two full tournaments in the Spring 2024 season, they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group during the following seasonal year.

What happens if a player is unable to meet the tournament commitment in both the fall and spring season during the same seasonal year? (This only applies to 15U players that are 8th graders.)

If a player does not meet the expectations for tournaments in both the fall and spring season of the same year, the player would not be offered a roster position with the ISC for the following year.

Summary for League Game Requirements for All ISC 15U-16U Year- Round Players:

- Fall 2023 Season - Must attend 55% of all Fall League Games for your ASSIGNED TEAM. This means that if you guest play with another team in your age group, those games do not count toward the 55% requirements.
- Winter – All Advanced Year- Round Players must register for 1 of the 2 sessions of the ISC Indoor leagues. Session options are the November-December option or the January-March option. The leagues are set up so that for each session the kids play 8-10 indoor games. All indoor games are played in the HTRC in Iowa City and games are usually held on Friday, Saturday, and Sundays. Players must attend 55% of all indoor league games.

- 15U players that are 8th Graders-Spring/Summer -Must attend 55% all Spring League Games for your ASSIGNED TEAM.

(Please note that if an outdoor game is rained out and you committed your child to playing in that game, that commitment is counted toward your 55% requirement.)

FREQUENTLY ASKED QUESTIONS:

What happens if a player does not meet the league game commitment requirement for the Fall 2023 season?

If your ISC soccer player does not attend at least 55% of the league games for their assigned team during the Fall 2023 season, they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group. In addition, if a player does not meet the 55% attendance for league games, that player may not be guaranteed their roster position with the Advanced Year-Round program when the tryouts are held for the next soccer year. The ISC Director of Coaching will determine whether the roster position will be offered based on the information provided by the player and their family in regard to why the particular player did not meet the requirement.

What happens if a player does not meet the league game commitment requirement for the Spring 2024 season? (This only applies to 15U players that are 8th graders.)

If your child does not attend at least 55% of the league games for their assigned team during the Spring 2024 season, they would not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group during the following seasonal year.

What happens if a player is unable to meet the league game commitment in both the fall and spring season during the same seasonal year? (This only applies to 15U players that are 8th graders.)

If a player does not meet the expectations for league attendance in both the fall and spring season of the same year, the player would not be offered a roster position with the ISC for the following year.

Practice Requirements for the 2023-2024 Season:

All Rules Below apply to both our “A” and “B” players on each roster.

Practices for all 15U-16U teams will start the week of July 31, 2023, but practice attendance rules will not take effect until the week of August 21, 2023.

Please note that during the practice periods listed below, there are 3 weeks that practices will not be required. Those weeks are the week of Thanksgiving break and during the two weeks of winter break. All teams at this age are offered 80 practices in the soccer year.

SUMMARY OF PRACTICE REQUIREMENTS

- August 21, 2023-October 27, 2023: 2 Times Per week required
- October 30, 2023-March 8, 2024: 1 time Per week required

For the 15U players that are 8th graders, they will also have spring practice requirements:

- **March 18, 2024-May 24, 2024: 2 Times Per week Required**

Practices may be offered in June and July but there are no practice requirements during June and July.

If any 15U-16U ISC Advanced Year-Round Player reaches a total of six weeks without meeting their practice requirements at any time from August 21, 2023-March 8, 2024, they will be dropped from the roster unless they have communicated the following to the ISC’s assistant Director of coaching:

- Family Emergency
- Documented Injury-Medical Notes must be provided.
- Documented Illness-Medical Notes must be provided.

Practices may be offered in June and July but there are no practice requirements during June and July.

Frequently Asked Questions for Practice Attendance?

- What happens if the 15U-16U player does not meet their weekly practice obligations?

In order to be eligible to play in games, the 15U-16U player must attend their required practices per week. If they are not able to participate fully in the required practices during a given week, the player will not be allowed to play in any games scheduled on the weekend.

- What happens if the player does not meet practice requirements due to illness or injury?

If a player is sick or injured and that prevents the player from meeting their weekly practice obligation, they are ineligible to play in the games for the entire weekend. The exception to this rule is if the head coach of the team makes the decision to sit out a player the week prior to state cup, regionals, or a college search tournament to give the player more rest for these events.

- Can the 15U-16U player attend other ISC team practices or optional practices such as “super skills” to meet their weekly practice obligations?

Yes. The ISC provides flexibility for our athletes to give them opportunities to participate in the other activities that are important to them. Therefore, we allow 15U-16U players to attend other ISC team practices or other ISC optional practices such as “super skills” or the “incentive plan” to meet their practice obligations. In addition, ISC players can attend a team practice that is 1 age group older to meet their practice obligation or attend a team practice that is 1 age group younger to meet their practice obligation. With this said, the 15U-16U players should put a priority on their own age group team practices as often as possible and players must communicate effectively with their team coach.

To be clear, other soccer practices outside of the ISC do not count toward players meeting their practice requirements except in the one exception listed below for the 9th graders during the 15U spring season.

- Does the 15U-16U player need to meet their weekly practice obligations even during weeks when there are no scheduled games on the weekend?

Yes. If players do not meet their practice obligation during the week preceding a weekend without a game, they will not be eligible to play in the games for the following weekend.

The only exception to this rule would be in the case of the 9th grade, 15U players that are also playing high school soccer and playing club games on the weekends with their 8th grade 15U teammates. The 9th grade, 15U kids are allowed to play

15U games in the spring with the team without making ISC practices. Most 9th graders do not have the time to play both high school and club at the same time and some high school athletic directors don't allow it, but in the case that some kids want to also play league games with ISC with their 15U teammates, they do not need to make our practice requirement.

- Does the practice rule apply during weeks when kids play in the ISC Indoor leagues?

Yes. If players do not participate fully and meet their weekly practice obligations during the indoor season, they are not eligible to play in our indoor league games.

- What happens if a practice is rained out or cancelled?

If the practice is cancelled, all players on the team can count that practice as if they attended. However, if the practice is moved indoors at a time reasonably close to the normal scheduled time for the practice, the practice is not considered cancelled. This means that players are responsible to check the practice updates and always have indoor and outdoor shoes available.

- How is the practice rule enforced?

Players are expected to self-report to the head coach via email and they must also copy the Assistant Director of Coaching on the email to notify the coaches that the weekly practice obligation was not met. If a player does not self report to both their head coach and the Assistant Director of coaching via-mail by 10:00 pm on the Thursday night prior to the weekend games, the player will be suspended from all matches for 2 weeks. If this happens a 3rd time during the same soccer year from August 1-July 31, the player will be removed from the ISC roster.

- What happens if a player misses multiple weeks due to injury?

Players that miss multiple weeks due to injury will NOT need to make up missed practices. The player that is returning from an injury must meet their practice obligations during the week preceding the match that they want to play in, but they will not need to make up missed practices from previous weeks. It is not in the best long-term health interest of an athlete that was injured to try and make up missed practices.

- Does the club offer make ups as an option during the next week after a player missed a practice? In other words, can a player request to do 3 practices the next week to make up for 1 missed practice during a given week?

NO. For those players that do not have an injury and miss a practice during a week preceding a weekend without games, we do not allow for a provision for

players to make up those practices in the following week in order to be eligible to play in matches.

2023-2024 Season Tournament Schedule-15U-16U Boys and Girls

Fall Tournaments for Boys and Girls "A" Teams

- September 2-4, 2023 -Scott Gallagher Friendlies (St. Louis, MO) (Labor Day Weekend)
- September 30-October 1, 2023-Sporting Iowa Fall Cup-Des Moines, IA.
- State Cup- Two Weekends -Weekend #1 is October 21-22, 2023, and will be held in Waverly, Iowa. Weekend 2 will be held the weekend of October 28-29, 2023, at TBK-Bettendorf, Iowa. The "A" team will play in the Super Cup Division of the state cup and those divisions are group play effective Fall of 2023. The "B" teams will play in the Premier division and those teams will play group play also.
- November 18-19, 2023, 2022-SHOWCASE KC-Kansas City

Fall Tournaments for Boys and Girls "B" Teams

- August 19-20, 2023 - Tournament at TBK Complex-Bettendorf, Iowa
- September 16-17, 2023: FC United Midwest Classic (Cedar Rapids at Tuma Complex)
- State Cup- Two Weekends -Weekend #1 is October 21-22, 2023, and will be held in Waverly, Iowa. Weekend 2 will be held the weekend of October 28-29, 2023, at TBK-Bettendorf, Iowa. The "B" teams will play in the Premier division and those teams will play group play. If the "B" team is not a full team, players from the "B" team will combine with another age group in the ISC.
- November 18-19, 2023-SHOWCASE KC-Kansas City-If the "B" team does not have enough players to field a team on their own, players from the "B" team will combine with another age group in the ISC.

Winter Tournaments-For Boys and Girls "A" and "B" ("A" and "B" players mixed for winter events.)

- ISC Bubble Blowout- Mid January-2024 -Iowa City, Iowa. Tournament Held in HTRC.

Spring/Summer Tournaments 15U Boys -8th Graders and 15U Girls-8th Graders

- April Fool's Day Tournament-Early April 2024-TBK-Bettendorf
- Late April 2024 CRSA CHILLOUT- Hiawatha, Iowa-North of Cedar Rapids-At Tuma Soccer Complex
- Kansas City Mother's Day Classic -May 2024

Spring/Summer Tournaments Boys and Girls "A" Teams

- US Club Soccer Regionals-Mid June 2024-Chicago Suburbs

Spring/Summer Tournaments Boys and Girls "B" Teams

- PCYS-Steven's Point, Wisconsin, Mid-June 2024