



ISC Philosophy for Development for the 13U-14U Players AND Player Commitment Expectations for 13U-14U Advanced Level Players 2025-2026 Season

Background and Philosophy of the ISC Approach for 13U-14U Advanced Year- Round Players

The First Tryout Years in the ISC: 13U-14U:

In the ISC, WE HAVE PROVEN FOR OVER 28 YEARS that it is possible to run a professionally coached and developmentally focused, competitive program without implementing tryout procedures that "cut" young children or group players on "A" and "B" teams based on their ability at the 9U-12U level. Instead of making "A" and "B" teams at the 9U-12U level, we group players based on their own commitment and interest level. If you consider the fact that most soccer clubs in the United States form "A" and "B" teams as early as 8 and 9 years old and at the same time over 70% of youth soccer players drop out of competitive soccer by 13, the early selection process clearly does not work. In the ISC, we do not believe that youth players need to be grouped by ability until they are 13U players.

Starting at the 13U Year, we make a shift from the approach outlined above in some important ways. We believe that the 13U year is the correct time to assign players to "A" and "B" rosters. We believe that at this age, unlike with children from 9U-12U, assigning the kids to "A" and "B" rosters for most outdoor games is the best approach for player growth and improvement.

To be clear though, even as we assign the players to "A" and "B" teams and possibly even "C" teams, we are still committed to our player development philosophy which guides all ISC decisions. The ISC is firmly committed to the development of all the soccer players in each age group in the ISC and both the "A" and "B" players always practice together. If we have enough players in an age group to form a "C" team, those players will also practice with the "A" and "B" team at 13U-14U.

Listed below is a summary of the values and principles that remain consistent even as we move to a tryout format and selection by ability at the 13U year.

- 1) Once a player has completed at least one full year with our advanced ISC year-round program, we will always find a roster spot for them if they continue to meet our commitment expectations and if they adhere to the ISC code of conduct.

If you are new to the ISC Advanced Year -Round Program starting at the 13U-14U age, you will need to tryout and be selected to either the "A," "B," or possibly "C" team within the Advanced Year- Round Program. In some age groups we may have enough qualifying players for three teams. If we have enough qualifying players, we will form an "A," "B," and "C" team at 13U-14U.

- 2) All 13U-14U players regardless of whether they are "A," "B," or "C" players have the same training/practice opportunities.

A. All players in the 13U-14U age group are given the opportunity to train with other ISC teams that are one age group older than their current age. All 13U-14U players are also allowed to practice with the other ISC teams that are one age group younger than their age.

B. The "A" and "B" players in the 13U and 14U age groups train together for ALL practices. If we have enough players for a "C" team, the "C" team will also practice with the "A" and "B" team.

Our focus in the ISC is player development, and we believe that "B" and "C" players must have the opportunity to practice with the "A" level players at this age.

We DO NOT guarantee that there will be an even division of "A," "B," and "C" players on each roster. In some age groups we have more players on our "A" roster and the "B" and "C" rosters may be smaller. In those situations, we may need to assign a small group of "A" players each week to play with the "B" team in addition to their "A" game. By doing this, the "A" and "B" players are always working together in training but also in matches as well. However, in many age groups, the "A" and "B" team rosters are of a similar size, and we do not mix players for outdoor games. If the "B" team has at least 16 players, we would not invite "A" players to fill out the roster.

- 3) We strive to create a "ONE TEAM" philosophy so that all players in the age group are always together for training. Therefore, if an "A" player is needed to fill out the roster for the "B" matches, the teams are cohesive, and the kids are comfortable with each other. In the same way, if a "B" player is needed to fill out the roster for the "A" team, the "B" player is already familiar with all the players and the way they play.

4) As is consistent with our player development philosophy, we use the winter period to mix the “A,” “B,” and “C” players evenly in the age group for all winter games. Therefore, during the winter months, we will divide the entire pool of players in the age group and assign them to teams for both indoor leagues and the ISC Bubble Blowout without regard to ability or their developmental level. We have found this to be highly beneficial for the entire age group.

Listed below is a summary of the changes from the 9U-12U years in the ISC to the 13U-14U years in the ISC.

- 1) Players cannot choose to be on the "A" team; they must be selected to the "A" team.
- 2) For the outdoor league games and tournaments, we assign the group of 18-22 players that are furthest ahead in their development to an "A" roster, and they have a schedule of league games and tournaments. We assign the players that are further behind in their soccer or athletic development to a "B" roster, and they are required to attend certain league games and tournaments. As was mentioned above, players from the "A" roster may join the "B" roster to provide for adequate numbers if the “B” roster has less than 16 players. In addition, players from the “B” roster may be included on an “A” roster if the “A” roster has less than 16 players for a league game or tournament. If we have enough players in the age group to form a “C” team, a similar process will be incorporated to include the “C” players.
- 3) As was mentioned above, if you join the ISC Advanced Year -Round Program at the 13U year or older, you will need to tryout and be selected to either the "A" or "B" or “C” team within the Advanced Year- Round Program.

Purpose for Training and Game Attendance Requirements for 13U-14U Players:

The ISC supports and encourages our 13U-14U players to be active in other sports, activities, and organizations. However, we also have clear practice rules for our 13U-14U teams to maintain accountability for our players to their team and teammates and to maintain a high standard for our players. Moreover, this is an optional program. Kids choose to join a serious and dedicated soccer club and therefore our players are expected to have a high level of commitment.

We take responsibility for the development of ALL of our advanced year-round players, which includes the "A," "B," and “C” level players in the 13U-14U age groups. Therefore, the “A,” “B,” and “C” players must be accountable to the same standards. Our “B” and “C” players are not recreational players, they are competitive players and therefore, they need to practice as much as the top competitive players in their age group. If you are looking for a recreational or intermediate program at 13U-14U, the ISC offers a Lightning Program that practices once a week and is meant for skill development and a lower time commitment.

After you review all these practice rules, please note that if these rules do not work for your child, they could also look at our "POP," “POPPI,” or LIGHTNING program for other options.

ISC COMMITMENT REQUIREMENTS FOR 13U-14U PLAYERS

Summary of requirements:

- Outdoor Game attendance requirements for fall and spring seasons.
 - Indoor League Game attendance requirements.
 - Practice Requirements.
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Summary of Game Attendance Requirements for all ISC 13U-14U Advanced Year- Round Players:

Fall 2025 Season - Must play in at least 10 Fall 2025 Outdoor Games.

Winter -Must play in 9 indoor league games.

Spring/Summer 2026 Season-Must Play in 12 Spring/Summer 2026 Outdoor Games

Total Minimum Required Games= 31 Games

DETAILS RELATED TO GAME ATTENDANCE FOR ISC 13U Advanced Year- Round Players:

Fall 2025 Season - Must play at least 10 Fall 2025 Outdoor Games.

- The 13U-14U teams will likely have 16 games scheduled in the Fall 2025 season when considering their league games and the two tournaments that they will play in during the time period from early August 2025 through October 2025. Therefore, the ISC Advanced Year-Round player in the 13U-14U age group must play in at least 10 of the 16 outdoor games **with their assigned team.**
- All 13U-14U teams will play in both 11v11 CDL league games and developmental 9v9 EIYSL league games in the fall and spring season. The teams will likely play in 6 CDL games and 4 EIYSL league games. All league games are played only on the weekends.

- All 13U-14U teams will play in 2 tournaments in the fall and 3 tournaments in the spring season. (During the spring/summer season, we also offer a 4th event that is offered to any player in the age group that wants to attend. This tournament is the Steven's Point Tournament in Wisconsin in June 2026.) All tournament games are held over both Saturday and Sunday on the weekend. Usually, all teams will play 3 games in each tournament. All tournament games are played only on the weekends.
- To meet the required number of 10 games in the fall season players can count either tournament or league games to meet the minimum number of games.
- There is a game withdrawal fee that applies to both league and tournament games. When a player withdraws from either a league game or tournament game for reasons other than injury, illness, or family emergency, the per game withdrawal fine will be per \$35 game. More details related to the withdrawal fees for tournaments can be found at the end of this document.

Winter -Must play in 9 indoor league games.

Spring/Summer 2026 Season-Must Play in 12 Spring/Summer 2026 Games

- The Spring season is very similar to the fall season except for the fact that the 13U-14U teams will play in one more tournament. Therefore, the kids will need to play in 12 of what will likely be a total of 19 total outdoor games when considering the CDL league games, EIYSL league games, and the 3 tournaments.

Summary for Indoor League Game Requirements for All ISC 13U-14U Year - Round Players:

All ISC Advanced Year- Round Players must register for at least 1 of the 2 sessions of the ISC Intra-Club Indoor Soccer league known as JR. BAGIL. Session options are the November-December option or the January-March option. The leagues are set up so that for each session the kids play 10-11 indoor games with games played on mostly Saturday and Sunday late evening games. All indoor games are played in the Hawkeye Tennis and Recreation Center, HTRC, in Iowa City at 2820 Prairie Meadow Drive, Iowa City. **There is no travel required during the indoor months for 13U-14U players.**

The ISC website has more information on the ISC indoor leagues. Each player signs up on their own. The indoor registration fee is an additional cost which is NOT covered by your monthly fees. Last year the fee was \$115 per session for 10 indoor games on indoor turf. Games are played on the weekends in Iowa City in the Hawkeye Tennis and Recreation Center, known as the HTRC.

FREQUENTLY ASKED QUESTIONS:

What happens if a player does not meet the outdoor game attendance requirement for the Fall 2025 or Spring 2026 season?

If your ISC 13U-14U Soccer player does not attend and participate in at least 10 outdoor Fall 2025 matches (games can be a combination of both league games and tournament games), they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE for their age group. If your ISC 13U-14U Soccer player does not meet the requirement during the Spring 2026 season, they will not be allowed to register for the FIRST SESSION OF THE ISC INDOOR LEAGUE in the following year.

In addition, if the 13U-14U player does not meet this requirement, the player may not be guaranteed their roster position with the Advanced Year-Round program when the tryouts are held for the next soccer year. The ISC Director of Coaching will determine whether the roster position will be offered based on the information provided by the player and their family regarding why the player did not meet the requirement.

FREQUENTLY ASKED QUESTIONS:

What happens if a player does not meet the indoor league game commitment requirement for the winter season?

If your child does not register and participate in at least one ISC indoor league session for 9 indoor games, that player may not be guaranteed their roster position with the ISC Advanced Year-Round program when the tryouts are held for the next soccer year. The ISC Director of Coaching will determine whether the roster position will be offered based on the information provided by the player and their family regarding why the player did not meet the requirement.

DETAILS on Tournament Attendance and Differences between tournaments and league games.

When an ISC player commits to a tournament, they are committing to all the games of the tournament and therefore they will be assessed the full tournament withdrawal fee even if they withdraw from only one game of the event.

However, we do allow ISC players more flexibility with league date commitments. If your child's team has more than one game per day for league games, they will be allowed to participate in the games that work in their schedule and are not obligated to play in all games during the weekend when participating in league games. The main reason for the stricter policy for tournaments is due to the fact that the club has much less flexibility with rosters for tournaments as opposed to league games.

A complete schedule of fall and spring tournaments for 13U-14U teams can be found at the end of this document. This schedule may be subject to revision.

Summary of Practice Attendance for all ISC 13U-14U Year-Round Players:

- 2 Per Week in the Fall and Spring Seasons
- 1 Per week during the winter.

(There are a few months when we only practice part of the month.)

Please note that if practice attendance is not met, your child will not play in the games on the weekend. For example, if your child does not meet the practice requirements for the week, they are NOT eligible to participate in the games on the weekend. If a player is sick or injured and that prevents your child from meeting their weekly practice requirements, they are not eligible to play in the games that weekend. In addition, even if we do not have scheduled games on the weekend, the players must meet their practice requirements.

Practice Attendance Requirement Details for all 13U-14U ISC Players:

Our soccer season generally starts in the month of August. For the 2025-2026 season, practices will start the week of August 4, 2025. However, the required practices in August do not start until the week of August 25, 2025. All ISC teams will receive 70 practices from our professional and licensed coaching staff. The practice sessions are normally completed for the soccer year by mid-June. We guarantee that all 70 sessions/practices are scheduled and completed for your team even for sessions rained out or cancelled due to bad weather. We spread the practice sessions out like this:

- Early August through the end of October-All 13U-14U teams have 2 outdoor sessions per week.
- November through the second week of March –All 13U-14U teams have 1 indoor session per week except for the week of Spring Break and during the 2-week period for winter break.
- For the first 3 weeks after spring break, all 13U-14U teams will have 2 indoor practices per week.
- 2nd week of April-Mid-June-All 13U-14U teams will have 3 outdoor practice sessions per week.

Following the format above, all teams will receive their 70 practice sessions per year. To be clear, we ALWAYS make up sessions later in the year for anything cancelled due to weather. So even if a session was cancelled in early August, we may not make the practice up until some other time in the year, but your kids will receive all 70 sessions.

Practice Attendance Periods for ISC 13U-14U Players:

August 25, 2025-October 31, 2025: 2 Times Per week required.

November 3, 2025 -March 13, 2026: 1 time Per week required.

March 23, 2026- May 22, 2026: 2 Times per week required.

All Rules Below apply to all players in the age group.

Please note, however, that during the time periods above, there are 4 weeks that practice attendance is not required. Those weeks are the week of Thanksgiving break, 2 weeks of winter break, and spring break 2025.

- June –Only first 2 weeks of June required. The first two weeks are the tryouts for the next year.
- July –NONE REQUIRED-Usually practices are not held during this month unless we are making up practices.

In the ISC, there is a lot of flexibility for players to attend other sessions within the club if your child's team session is scheduled for a time that your child has a conflict. Players can attend a "super skills" practice, or they can attend a team practice with the team one age older or one age group younger.

If any 13U-14U ISC Advanced Year-Round Player reaches a total of six weeks without meeting their practice requirements at any time from August 25, 2025-May 22, 2026, they will be removed from the ISC Advanced Year-Round Program from the roster unless they have communicated the following to the ISC's Director of coaching:

- Family Emergency
- Documented Injury-Medical Notes must be provided.
- Documented Illness-Medical Notes must be provided.

If you think that your son or daughter cannot meet this level of commitment, we have many other strong ISC soccer programs such as the ISC Lightning, ISC POP program, or the ISC POPPI programs that are good options.

Frequently Asked Questions for Practice Attendance

- What happens if the 13U-14U player does not meet their weekly practice obligations?

To be eligible to play in games, the 13U-14U player must attend their required practices per week. If they are not able to participate fully in the required practices during a given week, the player will not be allowed to play in any game scheduled on the weekend.

- What happens if the player does not meet practice requirements due to illness or injury?

If a player is sick or injured and that prevents the player from meeting their weekly practice obligation, they are ineligible to play in the games for the entire weekend. The exception to this rule is if the head coach of the team makes the decision to sit out a player the week prior to state cup, regionals, or a college search tournament to give the player more rest for these events.

- Can the 13U-14U player attend other ISC team practices or optional practices such as “super skills” to meet their weekly practice obligations?

Yes. The ISC provides flexibility for our athletes to give them opportunities to participate in the other activities that are important to them. Therefore, we allow 13U-14U players to attend other ISC team practices or other ISC optional practices such as “super skills” to meet their practice obligations. Kids cannot count a soccer practice from another organization such as junior high soccer, ODP, private skills trainers, etc. to meet their ISC practice obligation.

Players can also attend an ISC team practice that is 1 age group older or even 1 age group younger and count that practice to meet the practice requirement. With this said, 13U-14U players should put a priority on team practices as often as possible and players must communicate effectively with their team coach. In addition, if your team practice is scheduled at the same time as another team practice, you MUST always practice with your team and not the other ISC team.

- Does the 13U-14U player need to meet their weekly practice obligations even during weeks when there are no scheduled games on the weekend?

Yes. If players do not meet their practice obligation during the week preceding a weekend without a game, they will not be eligible to play in the games for the following weekend.

- Does the practice rule apply during weeks when kids play in the ISC Indoor leagues?

Yes. If players do not participate fully and meet their weekly practice obligations during the indoor season, they are not eligible to play in our indoor league games.

- What happens if a practice is rained out or cancelled?

If the practice is cancelled, all players on the team can count that practice as if they attended. However, if the practice is moved indoors at a time reasonably close to the normal scheduled time for the practice, the practice is not considered cancelled. This means that players are responsible to check the practice updates and always have indoor and outdoor shoes available.

- How is the practice rule enforced?

Players are expected to self-report to the head coach via email and they must also copy the Director of Coaching on the email to notify the coaches that the weekly practice obligation was not met. If a player does not **self-report** to both their head coach and the Director of coaching via-mail by 10:30 pm on the Thursday night prior the weekend games, the player will be suspended from all matches for 2 weeks. If this happens a 3rd time during the same soccer year from August 1-July 31, the player will be removed from the ISC roster.

- What happens if a player misses multiple weeks due to injury?

Players that miss multiple weeks due to injury will NOT need to make up missed practices from weeks that have passed. The player that is returning from an injury must meet their practice obligations during the week preceding the match that they want to play in, but they will not need to make up missed practices from previous weeks. It is not in the best long-term health interest of an athlete that was injured to try and make up missed practices for weeks that have already passed.

- Does the club offer make ups as an option during the next week after a player missed a practice? In other words, can a player request to do 3 practices the next week to make up for 1 missed practice during a given week?

NO. For those players that do not have an injury and miss a practice during a week preceding a weekend without games, we do not allow for a provision for players to make up those practices in the following week in order to be eligible to play in the matches for the upcoming weekend.

THE ISC Guarantee to our 13U-14U players:

If each player meets our minimal standards of commitment outlined above **AND** they follow all provisions of the ISC CODE OF CONDUCT, we will provide the following playing time guarantees for all outdoor games:

All players are guaranteed half of the minutes in each half for all league and tournament games. The minutes of guaranteed time per half is played in a block of time without interruption.



2025-2026 Season-13U-14U ISC Teams

Listed Below is the tournament schedule for the fall, winter, and spring/summer season for our **ISC 13U-14U boys' and girls' teams for the 2025-2026 Season.**

Fall Tournaments for Boys and Girls "A" Teams

- Labor Day Weekend 2025 -Scott Gallagher Friendlies (St. Louis, MO) (Labor Day Weekend)
- Late September 2025: Sporting Iowa Tournament-Des Moines, Iowa.

Fall Tournaments for Boys and Girls "B" Teams

- Mid-August 2025 - Tournament at TBK Complex-Bettendorf, Iowa
- Mid-September 2025-FC United Midwest Classic (Cedar Rapids at Tuma Complex)

Winter Tournaments-For Boys and Girls "A" and "B" ("A" and "B" players mixed for winter events.)

- ISC Bubble Blowout- Mid January-2025 -Iowa City, Iowa. Tournament Held in HTRC.

Spring/Summer Tournaments Boys and Girls "A" Teams

- Mid to late April-CRSA CHILLOUT- Hiawatha, Iowa-North of Cedar Rapids-At Tuma Soccer Complex
- May 2026-Tournament in Either St. Louis or Kansas City in first two weeks of May
- State Cup-Two Weekends (Memorial Day Weekend and First Weekend of June) (Must be selected to roster of 17 Players.)
- Mid-June 2026- Steven's Point, Wisconsin (Open to both "A" and "B" team. We will likely take a mix of players from both teams.

Spring/Summer Tournaments Boys and Girls "B" Teams

- April Fool's Day Tournament-First Weekend of April 2026 -TBK Complex-Bettendorf, Iowa
- State Cup-Two Weekends (Memorial Day Weekend and First Weekend of June) (Must be selected to roster of 17 Players)
- Mid June 2026-Cedar Valley Moonlight Classic. (Cedar Valley Soccer Complex-Waterloo, Iowa)
- Mid-June 2026- Steven's Point, Wisconsin (Open to both "A" and "B" team. We will likely take a mix of players from both teams.

2025-2026 Tournament Commitment Policies

ISC Advanced Year- Round Players

All players on the ISC advanced year-round teams are given the option to commit to play in tournaments during each season. Once you commit to a tournament through our online tournament commitment form, you will need to honor your commitment to that tournament for all games in the tournament. Tournaments, unlike league games, are played over both days on a given weekend. This means that when you commit to a tournament, you are committing to playing in games on both days of the weekend. To protect the players on the teams and the integrity of the club at each event, we will assess a fee if a player pulls out of a tournament for reasons other than one of the excused reasons that are listed below. **Withdrawing from even one game of the tournament is considered as a full withdrawal from the tournament.**

The fee for withdrawing from a tournament game is \$35 per game. This is the same fee assessed when a player withdraws from a league game. However, once you withdraw from one game of a tournament, your child will not be included in any other games in the event. Therefore, the withdrawal fee of \$35 per game is assessed for all games of the tournament. Please note that for most tournaments the team will play in at least 3 games, so the total fee assessed will likely be at least \$105 for the withdrawal from the event.

Families need to look carefully at their schedules when they are choosing and selecting the tournament events that they commit their children to in each season. If a player withdraws from 2 or more tournaments per soccer year, the ISC player may not be guaranteed their roster position with the Advanced Year-Round program when the clinics are held for the next soccer year. The ISC Director of Coaching will determine whether the roster position will be offered based on the information provided by the player and their family regarding why the player did not meet the requirement. Players will not be allowed to participate in any other tournament or league game with the team until the fee is paid.

Accepted Excuses for withdrawing from a tournament:

Medical or family emergencies are excusable reasons for pulling out of a tournament. You will not be fined if you withdraw from a tournament for medical reasons or if you are dealing with some family crisis or emergency. Family emergencies may be a funeral, a very ill family member, or some other family crisis that you feel must be attended to immediately. In addition, if your child is injured or sick, we will not impose a fine for withdrawing from the tournament. As was mentioned above, we will also grant a family a religious exemption for playing games on Sundays provided that this request is communicated to the Director of Coaching, Jon Cook, prior to the start of the season.

The club is not authorized to make exceptions to the withdrawal fine for parents who commit their child to a tournament and then the parents realize that they have a family event planned for that weekend, such as a wedding, graduation, or reunion. These events, while very important to your family, do not fall into the category of family emergencies. We ask that you look carefully at the dates for these events and our tournaments before you commit to the tournament. While we certainly strive to be "family friendly" in the ISC, we also have to safeguard the health and safety of our players that commit to a tournament and if we have less than the minimum number arrive at a tournament, player injury becomes a very big concern.

While it may sound like this part of the overall tournament commitment policy seems unfair or too strict for youth sports, let's be clear why we have these policies in the first place. When an ISC team attends a tournament, we honor all games that our teams are scheduled to play in for the tournament. This

clause protects the kids that want to play in all games in the event. Moreover, it protects the kids from half of the team leaving the second game of the day for another sporting event, music event, etc. This policy also protects the kids from injury or overuse injuries. Finally, this policy protects the kids from an embarrassing situation where the team does not field a full team for a particular game in the tournament.

What happens if I need to withdraw my child for only one game of a tournament that I committed them to?

If you notify the Director of Coaching and your team manager that your son or daughter can no longer participate in a tournament that they had committed to, you will be notified that your child will be removed from the roster for all games. In some situations, parents notify us that their child will only miss one of the games of the tournament. Our policy is clear that tournament commitments require participation in all games of the event. Even if your child will only miss one game, they will not be included on the roster for any of the other games for the tournament and they will be fined for all games that the team was scheduled to play in at the tournament.

Please read the other related ISC policies below:

1) Players commit to the ISC club for the tournament.

We typically take a number of teams from the club to any event that we recommend. Sometimes we have to move some players “up” to an older team to maximize the participation of the entire ISC membership to meet our player development goals. We want everyone to clearly understand that if you commit to any tournament, you may be placed with another team in the ISC. Your commitment is to the ISC club for the weekend. You will be fined if you pull out of the tournament even if your reason for pulling out is due to the fact that your child was assigned to play with a different team in the ISC other than their own team.

If you are certain that your child will not play with another team in the ISC other than their own, you might not want to have your child play in tournaments. This is a player development club focused on ALL of our players. The coaching staff believe in the value of developing all of our players in the ISC on all teams. We cannot develop our players in this club if we do not have the flexibility to move players from a certain age group that might have too many players for the roster for a particular tournament to another age group that might need a few more players in order to field a full team. If we cannot move players in these circumstances, we are forced to tell certain players that they cannot play in the tournament.

Moreover, the coaching staff firmly believe that there is significant value from a player development perspective when giving your child challenges by playing with new players from time to time. This policy does not mean that we would force girls to play with a boys’ team. However, we may ask girls to play on a boys’ team from time to time, but we will not require girls to play with a boys’ team.

2) Once the tournament commitment deadline passes, we will not accept any more players for an event unless we contact you.

Do not e-mail the parent manager, team coach, or the Director of Coaching if your schedule changes and your child becomes available to play in a certain event after you have committed as a “no” for the event in question. If we need more players to make the numbers work, we will contact you to

inquire with you if your child's availability has changed for an event. The reason for this policy is that we cannot possibly even come close to keeping up with all of the requests for changes in status for the weekends. While on one hand this might sound inconsistent with our mission to develop all of our players, there is also a limit on our administrative capacities as an organization.

3) If you pull out of a league game or tournament, please follow the procedure below:

- 1) Email the director of coaching, ISC accountant, and your team manager.

Director of Coaching: jon.cook@iowasoccerclub.com

ISC accountant: accountant@iowasoccerclub.com

- 2) The ISC accountant will contact you with instructions in regard to how to pay the fine.
- 3) Once the fine is collected, the process is complete.

Thanks for taking the time to read these policies. For those of you who are new to the ISC, all of this can be overwhelming, but I assure you that over time you will find that these policies are essential to ensuring the quality experience that we want for all ISC year-round players.

Thanks,
Jon Cook
ISC Coaching Director



ISC 13U-14U REWARDS INDOOR PROGRAM

The players who choose to participate in the 2025-2026 ISC 13U-14U INDOOR Rewards program must:

- 1) Meet all practice, tournament, and league game requirements outlined above as required by all 13U-14U Advanced Year-Round ISC players.

AND

- 2) They must also meet an increased practice attendance requirement during the months from November-middle of March. Players that register for the ISC 13U-14U Rewards must practice 3 times per week during all practice weeks from November through the middle of March. (Thanksgiving week and the 2-week winter break are not considered practice weeks during the indoor period.)

In addition, of those 3 required practices per week, 1 practice per week must be “super skills,” one must be with your assigned team, and the other practice can be with another team or another “super skills” or “incentive plan” practice

- 3) In addition, all ISC Rewards players must play in both sessions of the JR. BAGIL. Non rewards players must play in only one session of JR. BAGIL, but Rewards players must play in BOTH sessions of JR. BAGIL in addition to the ISC 13U-14U REWARDS INDOOR LEAGUE.
- 4) Register and play in BOTH SESSIONS OF the ISC 13U-14U REWARDS INDOOR LEAGUES. The games will be played in the HTRC on the Hawkeye Turf and the players in the 13U-14U Rewards league will play 1, 45 to 50 minute league game each week except for the weeks when we are on Thanksgiving break, winter break, and of course no games will be held during the Bubble Blowout weekend. (There are some weeks when the kids play more than 1 Rewards game.)

REWARDS FREQUENTLY ASKED QUESTIONS:

1) What is the additional cost?

There are 2 additional costs:

- A) Additional Rewards Uniform Fee-Total Fee TBD (The Rewards Uniform will be added to the Soccer.com site and can be ordered directly.
- B) Additional Fee for ISC INDOOR REWARDS LEAGUE FOR 13U-14U SCRAMBLE-There is a fee for each session.

2) How does the ISC 13U-14U REWARDS SCRAMBLE LEAGUE WORK?

Players in the ISC 13U-14U REWARDS PROGRAM will be assigned to a team each week. If the team that they are assigned to wins a game, the players on that team are assigned 3 points. If the team that they are assigned to loses the game, the players on the team are assigned 0 points. If the team that they are assigned to ties the game, all players are assigned 1 point. Each player's points will be tracked each week and the top 5 players in the standings will be listed on the website each week. At the end of the season, the players in the top 3 spots in the league will be recognized.

3) Is there a separate tryout process for the ISC 13U-14U INDOOR Rewards program? NO

We do not select by ability for the 13U-14U Rewards program. Those players that are willing to make a much greater time commitment to practice and are supported by their parents in doing so will be included in the program.

4) Why doesn't the ISC 13U-14U Rewards program travel like the 11U-12U Rewards players do?

After much consideration, the coaching staff considered the overall travel that our 13U-14U players already do throughout the year and we believe that more travel and even a greater expense related to travel is not the answer to elite player development. We feel that our 13U-14U Year-Round players already are given sufficient travel opportunities for high level development and what we believe this program does is group highly committed players together and allows them to compete weekly in the winter without increasing travel.